

**DEGREE/PROGRAM CHANGE  
FORM C  
Form Number: C1474**

Fields marked with \* are required

**Name of Initiator:** Dustin Shafer    **Email:** [dshafer@unm.edu](mailto:dshafer@unm.edu)    **Phone Number:** 505 925-8832    **Date:** 10-13-2014

Associated Forms exist?  Initiator's Title   
Faculty Contact     Administrative Contact   
Department     Admin Email   
**Branch**     Admin Phone

**Proposed effective term**

Semester  Year

**Course Information**

Select Appropriate Program   
Name of New or Existing Program   
Select Category  Degree Type   
Select Action

Exact Title and Requirements as they should appear in the catalog. If there is a change, upload current and proposed requirements.

See current catalog for format within the respective college (upload a doc/pdf file)

[HED 2014-2016.pdf](#)  
[2016-2018 HED Degree Plan pdf \(2\).docx](#)

**Does this change affect other departmental program/branch campuses? If yes, indicate below.**

Reason(s) for Request (enter text below or upload a doc/pdf file)

The reason for this request is that the current Health Education degree plan has not been revised in over a decade. Furthermore, in that same time-frame, the program has only matriculated one student. Updating the degree plan will not affect our budget, other programs, branches, or current faculty loads. The foreseeable impact of revising the degree plan should be positive in nature. This may manifest as increased majors, increased credit hour taken, and/or increased graduation/transfer rates.

[finalCurrent Catalog for BS HED 10212014.docx](#)  
[finalProposed BS HEDCurric Catalog 102114.docx](#)  
[com-hlth-undergrd-pos.pdf](#)

Upload a document that includes justification for the program, impact on long-range planning, detailed budget analysis and faculty workload implications.(upload a doc/pdf file)

[A.S. HED Justification.docx](#)

**Are you proposing a new undergraduate degree or new undergraduate certificate? If yes, upload the following documents.**

Upload a two-page Executive Summary authorized by Associate Provost. (upload a doc/pdf file)

Upload memo from Associate Provost authorizing go-ahead to full proposal. (upload a doc/pdf file)

## 2014-2016

### Associate of Science in Health Education Degree Requirements

The following are the course requirements for completion of an Associate of Science in Health Education degree. Students should see an advisor to customize their educational plans.

Area	Semester	Grade	Credits
<b>Writing and Speaking: (12 Credits)</b>			
ENGL 110 or 112 or 113	_____	_____	3
ENGL 120	_____	_____	3
ENGL 219	_____	_____	3
CJ 130	_____	_____	3
<b>Math: (6 credits)</b>			
MATH 121	_____	_____	3
STAT 145	_____	_____	3
<b>Physical and Natural Sciences: (15 Credits)</b>			
BIOL 123/124L	_____	_____	4
BIOL 237	_____	_____	3
CHEM 111L	_____	_____	4
NUTR 244	_____	_____	4
<b>Social and Behavioral Sciences: (6 credits)</b>			
PSY 105	_____	_____	3
_____	_____	_____	3
<i>Select one course from the UNM Core Curriculum in Social and Behavioral.</i>			
<b>Humanities: (3 credits)</b>			
_____	_____	_____	3
<i>Select one course from the UNM Core Curriculum in Humanities.</i>			
<b>Fine Arts: (3 credits)</b>			
_____	_____	_____	3
<i>Select one course from the UNM Core Curriculum in Fine Arts.</i>			
<b>Foreign Language: (3 credits)</b>			
_____	_____	_____	3
<i>Select one course from the UNM Core Curriculum in Foreign Language.</i>			
<b>Health Education Core Requirements: (16 Credits)</b>			
HED 164L	_____	_____	3
HED 171	_____	_____	3
PENP 114	_____	_____	1
PENP 158 or PENP 159	_____	_____	1
PENP 165	_____	_____	1
HED 260	_____	_____	1
PENP 165	_____	_____	3
HED 293	_____	_____	3

*HED 260 has a co-requisite of HED 293.*

### **Total Required: (64 credits)**

*Students transferring to UNM-Main and other 4-year institutions should be aware that core curriculum requirements are not necessarily met upon the completion of this degree.*



## Associate of Science in Health Education Degree Requirements

The following are the course requirements for completion of an Associate of Science in Health Education degree. Students should see an advisor to customize their educational plans.

Area	Semester	Grade	Credits
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### Writing and Speaking: (12 credits)

ENGL 110 or 112 or 113*	_____	_____	3
ENGL 120	_____	_____	3
ENGL 219	_____	_____	3
CJ 130	_____	_____	3

\*Completion of both ENGL 111 and 112 (6-credits) is an option to completing the first level of the Writing & Speaking core. ENGL 111 counts as an elective; ENGL 112 is applied to the core requirement. ENGL 113 is a 4-credit course; three credits are Writing & Speaking core and one is an elective towards graduation.

### Math: (6 credits)

MATH 121	_____	_____	3
STAT 145	_____	_____	3

### Physical and Natural Sciences: (14 credits)

BIOL 123/124L	_____	_____	4
BIOL 237	_____	_____	3
CHEM 111L	_____	_____	4
NUTR 244	_____	_____	3

### Social and Behavioral Sciences: (6 credits)

PSY 105	_____	_____	3
_____	_____	_____	3

Select one course from the UNM Core Curriculum in Social and Behavioral.

### Humanities: (3 credits)

_____	_____	_____	3
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Select one course from the UNM Core Curriculum in Humanities.

### Fine Arts: (3 credits)

_____	_____	_____	3
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Select one course from the UNM Core Curriculum in Fine Arts.

### Foreign Language: (3 credits)

_____	_____	_____	3
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Select one course from the UNM Core Curriculum in Foreign Language.

### Health Education Core Requirements: (15 credits)

HED 164L Standard First Aid	_____	_____	3
HED 171 Personal Health Management	_____	_____	3
HED 209 Education for AIDS Prevention	_____	_____	1
HED 212 Fundamentals of Human Sexuality	_____	_____	3
HED 247 Consumer Health	_____	_____	1
HED 260 Foundations of Health Promotion	_____	_____	3
PENP 114 Introduction to Weight Training	_____	_____	1

### Total Required: (62 credits)

Students transferring to UNM-Main and other 4-year institutions should be aware that core curriculum requirements are not necessarily met upon the completion of this degree.

## **CURRENT CATALOG-HED CURRICULUM**

**NOTE:** Student's course work must include the University of New Mexico core requirements and at least 40 hours of upper-division (300-level and above) credits.

**\*The School Health Education concentration is not currently accepting new students.**

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### **Concentration in Community Health Education**

#### **First Year**

HED 164L	Standard First Aid	3
HED 171	Personal Health Management	3
ANTH 130	Cultures of the World	3
CJ 130	Public Speaking	3
ENGL 101	Composition I: Exposition	3
ENGL 102	Composition II: Analysis and Argument	3
STAT 145*	Introduction to Statistics	3
PSY 105	General Psychology	3
BIOL 123/124L	Biology for Health-Related Science and Non-Majors/Lab	4
CHEM 111	Elements of General Chem	4
Social and Behavioral Sciences**	Select from UNM Core Curriculum	3

**Total 35**

\* STAT 145 preferred or select from the UNM Core Curriculum

\*\* Excluding any course from the Social and Behavioral Sciences that are listed in the program of studies

#### **Second Year**

HED 209	Education for AIDS Prevention	1
HED 247	Consumer Health	1
HED 260	Foundations of Health Promotion	3
BIOL 237	Human Anatomy and Physiology I for the Health Sciences	3
PSY 200*	Statistical Principles	3
PSY 220*	Developmental Psychology	3
ENGL 219	Technical and Professional Writing	3
NUTR 244	Human Nutrition	3
Fine Arts	Select from UNM Core Curriculum	3
Second Language	Select from UNM Core Curriculum	3
Humanities	Select from UNM Core Curriculum	6

**Total 32**

\*PSY 200 and PSY 220 are required prerequisites for PSY 331

#### **Third Year**

BIOL 239L	Microbiology for the Health Sciences and Non-Majors	4
HED 310	Injury Prevention	1
HED 306	Conflict Mediation	1

## **CURRENT CATALOG-HED CURRICULUM**

HED 321	Violence Prevention	1
HED 333	Emotional Health and Interpersonal Relationships	3
EDPY 303	Human Growth and Development	3
HED 371	Community Health	3
CJ	Upper-Division Elective	3
PSY 331	Psychology of Personality	3
SOC 322	Social Epidemiology	3
	General Education Elective	3
		<b>Total 28</b>
<b>Fourth Year</b>		
HED 451	Secondary Teaching Methods and Curriculum Development for Health Education	2
HED 362	Introduction to Health Behavior Theory	3
HED 446	Health Promotion Program Planning	3
HED 482	Health Education and Multi-Cultural Health Beliefs	3
HED 495	Field Experience	6
HED	Electives	3
OILS 421	Production and Utilization of Instructional Materials	3
OILS 483	Instructional Applications: Computer Technology	3
	General Electives	7
		<b>Total 33</b>

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*Proposed Catalog copy*

**NOTE:** Application eligibility for the BSED Degree Program in Health Education requires: a) completion of at least 26 hours of University coursework, b) an overall GPA of 2.5, c) admission into the College of Education, and, d) successful completion (B or better) of HED 171 and HED 260.

**Concentration in Community Health Education**

**First Year**

SOC 101	Introduction to Sociology	3
HED 171	Personal Health Management	3
ANTH 130	Cultures of the World	3
CJ 130	Public Speaking	3
ENGL 110	Accelerated Composition	3
ENGL 120	Composition III	3
PSY 105	General Psychology	3
MATH	Select from UNM Curriculum Core	3
BIOL 123/124L	Biology for Health-Related Science and Non-Majors/Lab ( <i>pre-req. CHEM 111</i> )	4
CHEM 111	Elements of General Chemistry ( <i>pre-req. Biol 123</i> )	4
		<b>Total 32</b>

**Second Year**

HED	*Elective from 01 credit hour HED course list	1
HED	*Elective from 01 credit hour HED course list	1
HED 212	Fundamentals of Human Sexuality	3
HED 260	Foundations of Health Promotion	3
BIOL 239L	Microbiology for Health Sciences and Non-Majors ( <i>pre-req. Biol 123/124L</i> )	4
ENGL 219	Technical and Professional Writing	3
NUTR 244	Human Nutrition ( <i>pre-req. Chem 111 or Biol 123/124L</i> )	3
PSY 200	Statistical Principles	3
Fine Arts	Select from UNM Core Curriculum	3
Second Language	Select from UNM Core Curriculum	3
	***Electives from suggested list <u>outside</u> of HED or by approval	3
		<b>Total 30</b>

**Third Year**

HED	*Elective from 01 credit hour HED course list	1
HED	*Elective from 01 credit hour HED course list	1
HED	*Elective from 01 credit hour HED course list	1
HED	**Elective from 03 credit hour HED course list	3
HED 362	Introduction to Health Behavior Theory	3
HED 371	Introduction to Public and Community Health	3
HED 383	Principles of Epidemiology	3
HED 482	Social Determinants and Multi-Cultural Health	3
EDPY 303	Human Growth and Development	3
SOC 380	Research Methods ( <i>pre-req. Soc 101</i> )	3
	***Electives from suggested list <u>outside</u> of HED or by approval	6

Total 30

**Fourth Year**

Humanities	Select from UNM Core Curriculum	6
HED 446	Health Promotion Program Planning	3
HED 451	Prevention Strategies in Community Health	3
HED 495	Field Experience ( <i>must be approved by faculty of record</i> )	6
HED	**Electives from 03 credit hour HED course list	6
	***Elective from suggested list <u>outside</u> of HED	6

Total 30

**TOTAL 122 HOURS**

**I. HED ELECTIVES**

**\*One Credit Hour Course List –**

*Students must complete 5 credit hours from:*

- HED 209 Education for HIV/Aids Prevention
- HED 247 Consumer Health
- HED 306 Conflict Mediation
- HED 310 Injury Prevention
- HED 321 Violence Prevention
- HED 445 Strategies for Prevention of Substance Abuse

**\*\*Three Credit Hour Course List**

*Students must complete 9 credit hours from:*

- HED164L Standard First Aid
- HED 333 Emotional Health and Interpersonal Relationships
- HED 472 Health Issues of Death & Dying
- HED 487 Physical Activity and Aging
- HED 477 Stress Management
- HED 493 Topics courses with permission of advisor

**II. \*\*\*SUGGESTED LIST OF ELECTIVES OUTSIDE OF HED**

*Students choose a total of 15 credit hours from the recommended list or must get approval for other courses.*

*Note prerequisites may apply.*

**Instruction and Technology:**

- OILS 466 Principles of Adult Learning 03cr
- OILS 470 Workplace Training 03cr
- OILS 471 Designing Training 03cr
- OILS 472 Training Techniques 03cr
- MSET 365 Technical Integration for Effective Instruction 03cr

**Social, Political, Environment Factors of Health:**

- POLS 270 Public Policy and Administration-03cr
- PSY 280 Health Psychology-03 cr
- ENVS 330 Enviro Systems -03cr
- CRP 403 Community-based practice-03cr (*pre-req. CRP 330*)
- CRP 425 Urban Design Theory 03cr (*pre-req. CRP 330*)
- CRP 474 Cultural Aspects of Community Dev Planning -03cr
- CRP 483 Intro GIS-03cr (*pre-req. CRP 265*)
- SUST 402 Topics in Sustainability Studies 1-6cr



*Proposed Catalog copy*

**Multicultural:**

ANTH 330 Principles of Cultural Anthropology 03cr  
PSY 374 Cross-Cultural Psychology 03cr  
SOC 216 Dynamics of Prejudice 03cr  
SOC 308 Sociology of Gender 03cr  
SOC 326 Sociology of New Mexico 03cr

**Communication:**

CJ 225 Small Group Communication 03cr  
CJ 314 Intercultural Communication 03cr  
CJ 327 Persuasive Communication 03cr  
CJ 344 Interviewing 03cr  
CJ 450 Health Communication 03cr

*Note: Students are responsible for meeting any pre-requisites for course electives*

UNIVERSITY OF NEW MEXICO  
 UNDERGRADUATE COMMUNITY HEALTH EDUCATION CONCENTRATION  
 2011-2012

A GRADE OF C OR BETTER (NOT C-) IS REQUIRED FOR ALL HEALTH EDUCATION AND CORE REQUIREMENT COURSES

STUDENT: \_\_\_\_\_

\_\_\_\_\_ **Student Signature after Agreement is Reached**

SSN \_\_\_\_\_

ADVISOR: \_\_\_\_\_

\_\_\_\_\_ **Advisor's Signature after Agreement is Reached**

GENERAL EDUCATION: 69 Hours Required

COURSES	HRS	GR	
1. Writing and Speaking - 15 hrs			
* English 101	3		
* English 102	3		
* English 219	3		
C & J 130	3		
C & J Upper Division Elective	3		
2. Mathematics - 3 hrs			
*Stat 145	3		
3. Physical and Natural Science –15 hrs			
*Biology 123L/124L or 121L	4		
*Chem 111L	4		
Biology 237	3		
Biol 239L	4		
4. Social & Behavioral Science –21hrs			
*Anthro 130	3		
*Core Requirement	3		
Psy 105	3		
Psy 200	3		
Psy 220	3		
Soc 322	3		
Psy 331	3		
5. Humanities – 6 hrs			
*Core Requirement	3		
*Core Requirement	3		
6. Second Language - 3 hrs			
*Core Requirement	3		
7. Fine Arts – 3 hrs			
*Core Requirement	3		
8. General Education Elective	3		

**UNM CORE REQUIREMENTS**

Amer St 182, 185, Anthro 101, 130; Comm & Regional Planning 181; Econ 105, 106; Engineer-F200; Geog 102, Ling 101, Pol Sci 110, 200, 220, 240; Psy 105; Soc 101

One course chosen from any of the lower division non-English language offerings of the Dept of Linguistic (including sign language) Spanish and Portuguese, Foreign Languages and Literature, and foreign languages in other departments and programs.

Architecture 101; Art Hist 101, 201, 202; Dance 105; FA 284; Media Arts 210, Music 139, 140, Theater 122. Students may elect to take one 3 hour studio course offered by the Departments of Art & Art History, Music, Theatre & Dance, and Media Arts.

\*Core requirements must be chosen from the acceptable list of courses. This curriculum applies to all bachelor degree students who are freshman, transfer or reentering-entering the University of New Mexico in Fall, 1999 or later.

Revised: 01/11

COMMUNITY HEALTH EDUCATION CONCENTRATION

A grade of C or better (not C-) is required for all health education and core requirement courses.

<b>FIRST YEAR</b>		<b>HRS</b>	<b>GR</b>
H Ed164L	Standard First Aid/Lab	3	
H Ed 171	Personal Health Management	3	
Engl 101	Composition I: Exposition	3	
Biol 123/124L	Biol for Hlth Related Sciences	4	
Chem 111L	Elements of Gen Chm	4	
Psy 105	General Psychology	3	
Soc & Behav Sci	Select from UNM Core Curriculum	3	
Engl 102	Composition II: Analysis and Argument	3	
Anthro 130	Cultures of the World	3	
C & J 130	Public Speaking	3	
Stat 145*	Introduction to Statistics	3	
		<b>35HRS</b>	
<b>SECOND YEAR</b>			
H Ed 247	Consumer Health	1	
H Ed 209	Education for AIDS Prevention	1	
H Ed 260	Foundations of Health Promotion	3	
Psy 200	Statistical Principles	3	
Psy 220	Developmental Psychology	3	
Biol 237	Human Anatomy & Physiology I for the Health Sciences	3	
Biol 239L	Microbiology for Health Sciences	4	
Nutr 244	Human Nutrition	3	
Engl 219	Technical Writing	3	
Sec Lang	Select from UNM Core Curriculum	3	
Humanities	Select from UNM Core Curriculum	6	
Fine Arts	Select from UNM Core Curriculum	3	
		<b>36 HRS</b>	

Revised: 01/11

<b>THIRD YEAR</b>		<b>HRS</b>	<b>GR</b>
H Ed 310	Injury Prevention	1	
H Ed 306	Conflict Mediation	1	
H Ed 321	Violence Prevention	1	
H Ed 333	Emotional Health and Interpersonal Relationships	3	
H Ed 345	Professional Applications in Health Education	3	
Ed Psych 303	Human Growth and Development	3	
C & J	Upper Division Elective	3	
Psych 331	Psychology of Personality	3	
Soc 322	Social Epidemiology or Approved 300-level Soc Course	3	
	General Education Elective	3	
		<b>24 HRS</b>	
<b>FOURTH YEAR</b>			
H Ed 451	Teaching Strategies & Curriculum for Health Education	2	
H Ed 362	Introduction to Behavior Theory	3	
H Ed 471	Introduction to Community Health	3	
H Ed 482	Intro to Health Education and Multicultural Health Beliefs	3	
H Ed 495	Field Experience	6	
H Ed	Electives	3	
OLIT 421	Production and Utilization of Instructional Materials	3	
OLIT 483	Instructional Applications Computer Technology	3	
	General Electives	7	
		<b>33HRS</b>	
	<b>TOTAL HOURS</b>	<b>128</b>	

Revised 01/11

The reason for this request is that the past A.S. Health Education program has fallen short on graduation and transfer rates, due in part to an outdated degree plan. In spring 2014, only one student graduated with the A.S. in Health Education. She was also the first to graduate from the program in a decade. The enrollment in the major has since increased from 9 in fall 2013 to 26 in the fall of 2014. The increased numbers demonstrate the program is starting to generate interest among the student population. In the next few years, we plan to grow the program with an increased focus on recruitment, retention, graduation and transfer rates. To accomplish our goal, we need a revision of our curriculum, bringing it up to date and in-line with main campus. These changes will **not** affect our budget, other programs, branches, or current faculty loads. The revision will not have any budgetary impacts as our full-time faculty are required to teach the same load annually. The foreseeable impact of revising the degree plan should be positive in nature. This may manifest as increased majors, increased credit hour taken, and/or increased graduation/transfer rates.