



Ombuds Services

CONFIDENTIAL, NEUTRAL, INDEPENDENT,
AND INFORMAL.

Ombuds Services provides confidential, informal support with addressing your concerns and goals.

Ombuds Services is ready to support you. Whether you have an interpersonal conflict; a team, department, or organizational challenge; an interest in professional development or self-reflection, having a **confidential, neutral sounding board** helps.



Start with a goal, conflict, or question and leave with a plan. Ombuds listen, reflect, clarify, and inform you of available resources.

“UNM Ombuds is one of the most helpful services at UNM. Because of their support, I have become a better manager, a better listener and communicator, and happier in my job. I refer everyone I can to Ombuds.” - Visitor 2023

Why wait? Whether your concern is a new or a persistent one, take advantage of Ombuds Services and schedule your visit now.

Schedule a Visit

**Schedule your confidential visit
by emailing us at:
ombuds@unm.edu**

ombuds.unm.edu