

**DEGREE/PROGRAM CHANGE
FORM C
Form Number: C1836**

Fields marked with * are required

Name of Initiator: Joanne Bartram **Email:** jbartram@unm.edu **Phone Number:** 505 272-1234 **Date:** 03-08-2016

Associated Forms exist? Initiator's Title
Faculty Contact Administrative Contact
Department Admin Email
Branch Admin Phone

Proposed effective term

Semester Year

Course Information

Select Appropriate Program
Name of New or Existing Program
Select Category Degree Type
Select Action

Exact Title and Requirements as they should appear in the catalog. If there is a change, upload current and proposed requirements.
See current catalog for format within the respective college (upload a doc/pdf file)

[Exact Title and requirements PMC rev 3.25.docx](#)

☐ **Does this change affect other departmental program/branch campuses? If yes, indicate below.**

Reason(s) for Request (enter text below or upload a doc/pdf file)

Upload a document that includes justification for the program, impact on long-range planning, detailed budget analysis and faculty workload implications. (upload a doc/pdf file)

[Program justification, impact on long range planning, budget analysis, workload final.docx](#)

☐ **Are you proposing a new undergraduate degree or new undergraduate certificate? If yes, upload the following documents.**

Upload a two-page Executive Summary authorized by Associate Provost. (upload a doc/pdf file)

Upload memo from Associate Provost authorizing go-ahead to full proposal. (upload a doc/pdf file)

Exact Title: Post-MSN Certificate Psychiatric Mental Health Nurse Practitioner (PMHNP)

Requirements:

Note: this is a new concentration in the already existing Post-MSN Certificate program and falls under “Track B” requirements.

Post-MSN Certificate PMHNP (Track B)

Previous completion of course work equivalent to the MSN and Clinical core: (credit hours will vary)

NURS 501 Theoretical Foundations of Advance Nursing Practice

NURS 503 Research in Nursing I

NURS 505 Health Care Policy, Systems, & Financing for Advanced Practice

NURS 526 Pathophysiology

NURS 543 Pharmacological Principles of Clinical Therapeutics

NURS 540 Advanced Health Assessment and Diagnostic Reasoning

Concentration specific courses:

NURS 583 Psychotherapy, behavior change, and health promotion / disease prevention across the lifespan (3 credits)

NURS 584 Integrated behavioral health care in common psychiatric presentations (3 credits)

NURS 585 Advanced assessment, neurobiology, & psychopharmacology of psychiatric disorders across the lifespan (3 credits)

NURS 586 Diagnosis & Management of adults for PMHNP (3 credits)

NURS 587 Diagnosis & management of children, & older adults for PMHNP (3 credits)

NURS 588 Advanced Practicum I (3 credits)

NURS 589 Advanced Practicum II (3 credits)

NURS 595 Fieldwork (Advanced Practicum III) (variable, 4 – 7 credits)

Total of 25 – 28 credits required for the PMC

Justification for Program:

Rationale: Several factors drive the initiative for a PMHNP Program. Those suffering from behavioral illnesses are among the most underserved populations in the nation, especially in rural areas. Rural unmet needs have more adverse outcomes, as they enter treatment later and with greater symptom acuity. New Mexico and the US have similar rates of mental illness for youth and adults. Among adults aged 18 or older in New Mexico, approximately 63,000 (4.2%) had a Serious Mental Illness within the past year of being surveyed which is equivalent to the national prevalence of 4.2% ¹. Among youth aged 12-17 in New Mexico, approximately 17,000 (10.6%) per year had at least one Major Depressive Episode within the year prior to being surveyed which is similar to the national average of 10.7%. Rates of substance use disorders are slightly higher in New Mexico compared to the national prevalence rates. About 132,000 New Mexicans aged 12 or older (7.9%) reported alcohol use disorders which is slightly higher than the national average of 6.6%. About 59,000 individuals aged 12 or older (3.5%) reported illicit drug abuse or dependence which is higher than the national average of 2.6%. However, many of the consequences of all of these disorders are more severe among New Mexicans. For example, the suicide rate in New Mexico is 59% higher than the United States ². Rates of alcohol related deaths are much higher in New Mexico compared to the U.S. at 53.4/ 100,000 compared to 28.5/100,000. Similarly, rates of drug overdose deaths are amongst the highest in the nation at 25.9/100,000 compared to the U.S. rate of 13.2/100,000. Geographic disparities in access to behavioral health care are particularly significant in New Mexico; however, the availability of behavioral health providers in rural New Mexico is among the lowest in the country. All or parts of 32 of New Mexico's 33 counties are listed as Medically Underserved Areas by the federal Department of Health and Human Services. Public funding & limited infrastructure is inadequate to meet mental health needs, resulting in a dramatic shortage of behavioral health providers in New Mexico ³. Additionally, New Mexico has 289 psychiatrists, 114 psychiatric advanced practice nurses (nurse practitioners/clinical nurse specialists) and approximately 25 prescribing psychologists. According to the latest licensure survey data, there are eight New Mexican counties without any behavioral health prescribers at all.

References

¹ Substance Abuse and Mental Health Services Administration (SAMHSA) (2015). Behavioral Health Barometer: New Mexico, 2014. HHS Publication No. SMA-15-4895NM. Rockville, MD: Substance Abuse and Mental Health Services Administration.

² New Mexico Department of Health (2015). Available at <http://nmhealth.org/data/>

³ New Mexico Health Care Workforce Committee Annual Report (2015). Available at http://www.nmnc.org/uploads/FileLinks/933875ef41ef4474b4e844f09423bbef/NM_Hlthcr_Workforce_Comm_2015_Report.pdf

Impact on Long Range Planning:

Long range planning includes a collaboration between UNM and the University of Colorado, Denver (UCD) to implement a unique interstate partnership to offer a post-master's certificate (PMC) PMHNP program. This planning is underway and the courses submitted here have been developed as part of that collaboration. The target date to admit the first cohort of PMC students is Spring of 2017. UNM students will enroll in didactic courses cross-listed with UCD courses and taught by a team from UCD and UNM. They will train in clinical sites based in New Mexico. While this first cohort of students will receive Post-MSN certificates, future plans include offering an MSN concentration and eventually a Doctor of Nursing Practice (DNP) PMHNP .

Long range planning also includes the development of clinical sites in New Mexico for students in the PMHNP post-MSN certificate program. Clinical site development is underway and the CON is actively collaborating with both UNM and non-UNM entities to identify possible sites. Both urban and rural sites are being developed.

Budget analysis and workload implications

The PMC PMHNP program will not require additional faculty or staff at this time. The College of Nursing has existing faculty expertise in psych/mental health. Student support services have already been expanded to accommodate an increase in the primary care Nurse Practitioner and Midwifery programs and they have sufficient staff to also support the PMHNP PMC students. There is a projected increased utilization of available resources for clinical placement and clinical supervision; this will be covered by the PMHNP clinicians currently on faculty and represents a minimal increase in expected workload (1 faculty member can supervise up to 6 students as 10% of workload; anticipate no more than 10 students). Additional workload will include collaborating on didactic courses at no more than 10% workload per term. The College of Nursing is committed to funding this increased utilization because of the great need, but has also applied for grant funding. The University of Colorado is committed to sharing resources for teaching the didactic portion of this program on line at no cost to UNM.

Post MSN Certificate*: Psychiatric & Mental Health Nurse Practitioner**TERM I Fall**

COURSE	CREDIT HOURS	DIDACTIC CREDITS	CLINICAL CREDITS	CLINICAL HOURS
NURS 583 Psychotherapy, behavior change, and health promotion / disease prevention across the lifespan (note: program starts spring 2017; CU starts 1 term earlier in Fall – our 1 st cohort will take this course in Spring; taught by UNM faculty)	3	3		
Total:	3	3		

TERM II Spring

COURSE	CREDIT HOURS	DIDACTIC CREDITS	CLINICAL CREDITS	CLINICAL HOURS
NURS 584 Integrated behavioral health care in common psychiatric presentations	3	3		
(1 st cohort also takes Psychotherapy, behavior change course here)				
Total:	3	3		

TERM III Summer

COURSE	CREDIT HOURS	DIDACTIC CREDITS	CLINICAL CREDITS	CLINICAL HOURS
NURS 585 Adv assessment, neurobiology, & psychopharmacology of psychiatric disorders across the lifespan	3	3		
Total:	3	3		

TERM IV Fall

COURSE	CREDIT HOURS	DIDACTIC CREDITS	CLINICAL CREDITS	CLINICAL HOURS
NURS 586 Diagnosis & Management of adults for PMHNP	3	3		
NURS 588 Advanced Practicum I	3		3	150
Total:	6	3	3	150

Term V Spring

COURSE	CREDIT HOURS	DIDACTIC CREDITS	CLINICAL CREDITS	CLINICAL HOURS
NURS 587 Diagnosis & management of children & older adults for PMHNP	3	3		
NURS 589 Advanced Practicum II	3		3	150
Total:	6	3	3	150

TERM VI Summer

COURSE	CREDIT HOURS	DIDACTIC CREDITS	CLINICAL CREDITS	CLINICAL HOURS
NURS 595 Fieldwork (Advanced Practicum III)	4 - 7		4 - 7	200 - 350
Total:	4 - 7		4 - 7	200 - 350

TOTAL CREDIT HOURS = 25 - 28

TOTAL CLINICAL HOURS = 500 – 650 Students with previous course / clinical work in psychiatric mental health evaluation and management during their initial MSN program may have clinical hours reduced in N595.

* Poat MSN certificate Track B