

**DEGREE/PROGRAM CHANGE  
FORM C  
Form Number: C1839**

Fields marked with \* are required

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Associated Forms exist? Yes  Initiator's Title   
Faculty Contact     Administrative Contact   
Department     Admin Email   
**Branch**    Admin Phone

**Proposed effective term**

Semester  Year

**Course Information**

Select Appropriate Program   
Name of New or Existing Program   
Select Category  Degree Type   
Select Action

Exact Title and Requirements as they should appear in the catalog. If there is a change, upload current and proposed requirements.

See current catalog for format within the respective college (upload a doc/pdf file)

**Does this change affect other departmental program/branch campuses? If yes, indicate below.**

Reason(s) for Request (enter text below or upload a doc/pdf file)

[Exact Title and requirements MSN rev 3.25.docx](#)

Upload a document that includes justification for the program, impact on long-range planning, detailed budget analysis and faculty workload implications.(upload a doc/pdf file)

[MSN Program justification, impact on long range planning, budget analysis, workload final.docx](#)

**Are you proposing a new undergraduate degree or new undergraduate certificate? If yes, upload the following documents.**

Upload a two-page Executive Summary authorized by Associate Provost. (upload a doc/pdf file)

Upload memo from Associate Provost authorizing go-ahead to full proposal. (upload a doc/pdf file)

**Exact Title: Master’s of Science in Nursing Psychiatric Mental Health Nurse Practitioner (PMHNP) Concentration**

**Requirements:**

**Note: this is a new concentration in the already existing MSN program**

**MSN Core required for all MSN Concentrations (these courses are already approved & offered)**

NURS 501 Theoretical Foundations of Advance Nursing Practice (3 credit)

NURS 503 Research in Nursing I (3 credit)

NURS 505 Health Care Policy, Systems, & Financing for Advanced Practice (3 credit)

NURS 594 Advanced Practice Seminar (1 credit)

NURS 596 / 597 Comprehensive Exam (1 credit)

**Clinical Core required for all Advanced Practice Concentrations in the MSN program (these courses are already approved & offered):**

NURS 526 Pathophysiology (3 credit)

NURS 543 Pharmacological Principles of Clinical Therapeutics (3 credit)

NURS 540 Advanced Health Assessment and Diagnostic Reasoning (3 credit)

**Concentration specific courses for the Psychiatric Nurse Practitioner Concentration (new courses, see forms B) :**

NURS 583 Psychotherapy, behavior change, and health promotion / disease prevention across the lifespan (3 credit)

NURS 584 Integrated behavioral health care in common psychiatric presentations (3 credit)

NURS 585 Advanced assessment, neurobiology, & psychopharmacology of psychiatric disorders across the lifespan (3 credit)

NURS 586 Diagnosis & Management of adults for PMHNP (3 credit)

NURS 587 Diagnosis & management of children, & older adults for PMHNP (3 credit)

NURS 588 Advanced Practicum I (3 credit)

NURS 589 Advanced Practicum II (3 credit)

NURS 595 Fieldwork (Advanced Practicum III) (7 credit)

Total credits = 48

**Psychiatric & Mental Health Nurse Practitioner MSN**

**Fall - TERM I**

<b>COURSE</b>	<b>CREDIT HOURS</b>	<b>DIDACTIC CREDITS</b>	<b>CLINICAL CREDITS</b>	<b>CLINICAL HOURS</b>
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### **Justification for Program:**

**Rationale:** Several factors drive the initiative for a Psychiatric Mental Health Nurse Practitioner Program. Those suffering from behavioral illnesses are among the most underserved populations in the nation, especially in rural areas. Rural unmet needs have more adverse outcomes, as they enter treatment later and with greater symptom acuity. New Mexico and the US have similar rates of mental illness for youth and adults. Among adults aged 18 or older in New Mexico, approximately 63,000 (4.2%) had a Serious Mental Illness within the past year of being surveyed which is equivalent to the national prevalence of 4.2% <sup>1</sup>. Among youth aged 12-17 in New Mexico, approximately 17,000 (10.6%) per year had at least one Major Depressive Episode within the year prior to being surveyed which is similar to the national average of 10.7%. Rates of substance use disorders are slightly higher in New Mexico compared to the national prevalence rates. About 132,000 New Mexicans aged 12 or older (7.9%) reported alcohol use disorders which is slightly higher than the national average of 6.6%. About 59,000 individuals aged 12 or older (3.5%) reported illicit drug abuse or dependence which is higher than the national average of 2.6%. However, many of the consequences of all of these disorders are more severe among New Mexicans. For example, the suicide rate in New Mexico is 59% higher than the United States <sup>2</sup>. Rates of alcohol related deaths are much higher in New Mexico compared to the U.S. at 53.4/ 100,000 compared to 28.5/100,000. Similarly, rates of drug overdose deaths are amongst the highest in the nation at 25.9/100,000 compared to the U.S. rate of 13.2/100,000. Geographic disparities in access to behavioral health care are particularly significant in New Mexico; however, the availability of behavioral health providers in rural New Mexico is among the lowest in the country. All or parts of 32 of New Mexico's 33 counties are listed as Medically Underserved Areas by the federal Department of Health and Human Services. Public funding & limited infrastructure is inadequate to meet mental health needs, resulting in a dramatic shortage of behavioral health providers in New Mexico <sup>3</sup>. Additionally, New Mexico has 289 psychiatrists, 114 psychiatric advanced practice nurses (nurse practitioners/clinical nurse specialists) and approximately 25 prescribing psychologists. According to the latest licensure survey data, there are eight New Mexican counties without any behavioral health prescribers at all.

### References

<sup>1</sup> Substance Abuse and Mental Health Services Administration (SAMHSA) (2015). Behavioral Health Barometer: New Mexico, 2014. HHS Publication No. SMA-15-4895NM. Rockville, MD: Substance Abuse and Mental Health Services Administration.

<sup>2</sup> New Mexico Department of Health (2015). Available at <http://nmhealth.org/data/>

<sup>3</sup> New Mexico Health Care Workforce Committee Annual Report (2015). Available at

[http://www.nmnec.org/uploads/FileLinks/933875ef41ef4474b4e844f09423bbef/NM\\_Hlthcr\\_Workforce\\_Comm\\_2015\\_Report.pdf](http://www.nmnec.org/uploads/FileLinks/933875ef41ef4474b4e844f09423bbef/NM_Hlthcr_Workforce_Comm_2015_Report.pdf)

### **Impact on Long Range Planning:**

Long range planning includes a collaboration between UNM and the University of Colorado, Denver (UCD) to implement a unique interstate partnership to offer a Psychiatric Mental Health Nurse Practitioner program. This planning is underway and the courses submitted here have been developed as part of that collaboration. Initially, the first cohort of students will be admitted to a Post-MSN Certificate (PMC) concentration planned for January of 2017 (pending approval of the PMC proposal which is submitted concurrently; see separate Form C). The target date to admit the first cohort of MSN students is Fall of 2018. UNM MSN students will enroll in the MSN core courses currently offered in the CON and in didactic courses cross-listed with UCD courses and taught by a team from UCD and UNM. They will train in clinical sites based in New Mexico. While these first cohorts of students will receive either a Post-MSN certificate (2017 admissions) or an MSN (2018 admission), future plans include development of a Doctor of Nursing Practice (DNP) Psychiatric Mental Health Nurse Practitioner program.

Long range planning also includes the development of clinical sites in New Mexico. Clinical site development is already underway in anticipation of the PMC cohort planned for 2017 (pending approval) and these same sites will be used for students in the MSN program. The CON is actively collaborating with both UNM and non-UNM entities to identify possible sites in both urban and rural settings.

### **Budget analysis and workload implications**

The College of Nursing has existing faculty expertise in psych/mental health who will be assigned to teach in the Psychiatric Mental Health Nurse Practitioner concentration. Student support services have already been expanded to accommodate an increase in the primary care Nurse Practitioner and Midwifery programs and they have sufficient staff to also support these new MSN students. No increase in faculty or staff FTE is projected for this program. Concentration specific courses will be co-taught with UCD faculty; there is no charge to UNM for the UCD faculty.

There is a projected increased utilization of available resources in 3 areas. The College of Nursing is committed to funding this increased utilization because of the great need, but has also applied for grant funding. The University of Colorado is committed to sharing resources for teaching the didactic portion of this program on line at no cost to UNM. The 3 areas of increased utilization include:

1. Clinical placement and clinical supervision. This will be covered by the Psychiatric Mental Health Nurse Practitioner clinicians currently on faculty and represents a small

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increase in expected workload (1 faculty member can supervise up to 6 students as 10% of workload; anticipate no more than 10 students in any cohort).

2. Collaborating on didactic courses at no more than 10% workload per term.
3. The number of students enrolled in MSN core courses N501, N503, N505 will increase but will not impact budget or workload as there are already sufficient sections of these courses offered to accommodate the students admitted to the Psychiatric Mental Health Nurse Practitioner concentration. 1 additional section of N526 (3 credits) & N594 (1 credit) will be needed. This represents approximately 1/3 of 1 faculty member's assignment over the course of the program. It is anticipated that this can be managed with existing faculty resources.

NURS 540 Advanced Health Assessment and Diagnostic Reasoning	3	2	1 (lab)	50 (lab)
NURS 583 Psychotherapy, behavior change, and health promotion / disease prevention across the lifespan	3	3		
NURS 526 Pathophysiology for Advanced Nursing Practice	3	3		
<b>TOTAL</b>	9	8	1	50 (lab)

**Spring – TERM II**

<b>COURSE</b>	<b>CREDIT HOURS</b>	<b>DIDACTIC CREDITS</b>	<b>CLINICAL CREDITS</b>	<b>CLINICAL HOURS</b>
NURS 501 Theoretical Foundations of Advanced Nursing Practice	3	3		
NURS 584 Integrated behavioral health care in common psychiatric presentations	3	3		
NURS 503 Research in Nursing	3	3		
<b>TOTAL</b>	9	9		

**Summer– TERM III**

<b>COURSE</b>	<b>CREDIT HOURS</b>	<b>DIDACTIC CREDITS</b>	<b>CLINICAL CREDITS</b>	<b>CLINICAL HOURS</b>
NURS 543 Pharmacological Principles of Clinical Therapeutics	3	3		
NURS 585 Assessment, neurobiology, & psychopharmacology of psychiatric disorders across the lifespan	3	3		
NURS 505 Health Care Policy, Systems & Financing for Advanced Practice	3	3		
<b>TOTAL</b>	9	9		

**Fall – TERM IV**

<b>COURSE</b>	<b>CREDIT HOURS</b>	<b>DIDACTIC CREDITS</b>	<b>CLINICAL CREDITS</b>	<b>CLINICAL HOURS</b>
NURS 586 Diagnosis & Management of adults for PMHNP	3	3		
NURS 588 Advanced Practicum I	3		3	150
<b>TOTAL</b>	6	3	3	150

**Spring – TERM V**

<b>COURSE</b>	<b>CREDIT HOURS</b>	<b>DIDACTIC CREDITS</b>	<b>CLINICAL CREDITS</b>	<b>CLINICAL HOURS</b>
NURS 587 Diagnosis & management of children, & older adults for PMHNP	3	3		
NURS 589 Advanced Practicum II	3		3	150
<b>TOTAL:</b>	6	3	3	150

**Summer – TERM VI**

<b>COURSE</b>	<b>CREDIT HOURS</b>	<b>DIDACTIC CREDITS</b>	<b>CLINICAL CREDITS</b>	<b>CLINICAL HOURS</b>
NURS 594 Advanced Practice Seminar	1	1		
NURS 596 / 597 Comprehensive Exam	1	1		
NURS 595 Fieldwork (Adv Practicum III)	7		7	350
<b>TOTAL</b>	9	2	7	350

**TOTAL CREDIT HOURS = 48****TOTAL CLINICAL HOURS = 650**