

**DEGREE/PROGRAM CHANGE
FORM C
Form Number: C1386**

Fields marked with * are required

Name of Initiator: Christina Marie Perry **Email:** cperry2@unm.edu **Phone Number:** 505 277-5151 **Date:** 04-03-2014

Associated Forms exist? Initiator's Title
Faculty Contact Administrative Contact
Department Admin Email
Branch Admin Phone

Proposed effective term

Semester Year

Course Information

Select Appropriate Program
Name of New or Existing Program
Select Category Degree Type
Select Action

Exact Title and Requirements as they should appear in the catalog. If there is a change, upload current and proposed requirements.

See current catalog for format within the respective college (upload a doc/pdf file)

[Proposed BS HEDCurric Catalog 102114.docx](#)

[Current Catalog for BS HED 10212014.docx](#)

Does this change affect other departmental program/branch campuses? If yes, indicate below.

Reason(s) for Request (enter text below or upload a doc/pdf file)

[rev HED formC Rationale 1 14 2015.docx](#)

Upload a document that includes justification for the program, impact on long-range planning, detailed budget analysis and faculty workload implications.(upload a doc/pdf file)

[Justification HED for Form C.pdf](#)

Are you proposing a new undergraduate degree or new undergraduate certificate? If yes, upload the following documents.

Upload a two-page Executive Summary authorized by Associate Provost. (upload a doc/pdf file)

Upload memo from Associate Provost authorizing go-ahead to full proposal. (upload a doc/pdf file)

Proposed Catalog copy

NOTE: Application eligibility for the BSED Degree Program in Health Education requires: a) completion of at least 26 hours of University coursework, b) an overall GPA of 2.5, c) admission into the College of Education, and, d) successful completion (B or better) of HED 171 and HED 260.

Concentration in Community Health Education

First Year

SOC 101	Introduction to Sociology	3
HED 171	Personal Health Management	3
ANTH 130	Cultures of the World	3
CJ 130	Public Speaking	3
ENGL 110	Accelerated Composition	3
ENGL 120	Composition III	3
PSY 105	General Psychology	3
MATH	Select from UNM Curriculum Core	3
BIOL 123/124L	Biology for Health-Related Science and Non-Majors/Lab (<i>pre-req. CHEM 111</i>)	4
CHEM 111	Elements of General Chemistry (<i>pre-req. Biol 123</i>)	4
		Total 32

Second Year

HED	*Elective from 01 credit hour HED course list	1
HED	*Elective from 01 credit hour HED course list	1
HED 212	Fundamentals of Human Sexuality	3
HED 260	Foundations of Health Promotion	3
BIOL 239L	Microbiology for Health Sciences and Non-Majors (<i>pre-req. Biol 123/124L</i>)	4
ENGL 219	Technical and Professional Writing	3
NUTR 244	Human Nutrition (<i>pre-req. Chem 111 or Biol 123/124L</i>)	3
PSY 200	Statistical Principles	3
Fine Arts	Select from UNM Core Curriculum	3
Second Language	Select from UNM Core Curriculum	3
	***Electives from suggested list <u>outside</u> of HED or by approval	3
		Total 30

Third Year

HED	*Elective from 01 credit hour HED course list	1
HED	*Elective from 01 credit hour HED course list	1
HED	*Elective from 01 credit hour HED course list	1
HED	**Elective from 03 credit hour HED course list	3
HED 362	Introduction to Health Behavior Theory	3
HED 371	Introduction to Public and Community Health	3
HED 383	Principles of Epidemiology	3
HED 482	Social Determinants and Multi-Cultural Health	3
EDPY 303	Human Growth and Development	3
SOC 380	Research Methods (<i>pre-req. Soc 101</i>)	3
	***Electives from suggested list <u>outside</u> of HED or by approval	6

Total 30

Fourth Year

Humanities	Select from UNM Core Curriculum	6
HED 446	Health Promotion Program Planning	3
HED 451	Prevention Strategies in Community Health	3
HED 495	Field Experience (<i>must be approved by faculty of record</i>)	6
HED	**Electives from 03 credit hour HED course list	6
	***Elective from suggested list <u>outside</u> of HED	6

Total 30

TOTAL 122 HOURS

I. HED ELECTIVES

***One Credit Hour Course List –**

Students must complete 5 credit hours from:

- HED 209 Education for HIV/Aids Prevention
- HED 247 Consumer Health
- HED 306 Conflict Mediation
- HED 310 Injury Prevention
- HED 321 Violence Prevention
- HED 445 Strategies for Prevention of Substance Abuse

****Three Credit Hour Course List**

Students must complete 9 credit hours from:

- HED164L Standard First Aid
- HED 333 Emotional Health and Interpersonal Relationships
- HED 472 Health Issues of Death & Dying
- HED 487 Physical Activity and Aging
- HED 477 Stress Management
- HED 493 Topics courses with permission of advisor

II. *SUGGESTED LIST OF ELECTIVES OUTSIDE OF HED**

Students choose a total of 15 credit hours from the recommended list or must get approval for other courses.

Note prerequisites may apply.

Instruction and Technology:

- OILS 466 Principles of Adult Learning 03cr
- OILS 470 Workplace Training 03cr
- OILS 471 Designing Training 03cr
- OILS 472 Training Techniques 03cr
- MSET 365 Technical Integration for Effective Instruction 03cr

Social, Political, Environment Factors of Health:

- POLS 270 Public Policy and Administration-03cr
- PSY 280 Health Psychology-03 cr
- ENVS 330 Enviro Systems -03cr
- CRP 403 Community-based practice-03cr (*pre-req. CRP 330*)
- CRP 425 Urban Design Theory 03cr (*pre-req. CRP 330*)
- CRP 474 Cultural Aspects of Community Dev Planning -03cr
- CRP 483 Intro GIS-03cr (*pre-req. CRP 265*)
- SUST 402 Topics in Sustainability Studies 1-6cr

Proposed Catalog copy

Multicultural:

ANTH 330 Principles of Cultural Anthropology 03cr
PSY 374 Cross-Cultural Psychology 03cr
SOC 216 Dynamics of Prejudice 03cr
SOC 308 Sociology of Gender 03cr
SOC 326 Sociology of New Mexico 03cr

Communication:

CJ 225 Small Group Communication 03cr
CJ 314 Intercultural Communication 03cr
CJ 327 Persuasive Communication 03cr
CJ 344 Interviewing 03cr
CJ 450 Health Communication 03cr

Note: Students are responsible for meeting any pre-requisites for course electives

CURRENT CATALOG-HED CURRICULUM

NOTE: Student's course work must include the University of New Mexico core requirements and at least 40 hours of upper-division (300-level and above) credits.

***The School Health Education concentration is not currently accepting new students.**

Concentration in Community Health Education

First Year

HED 164L	Standard First Aid	3
HED 171	Personal Health Management	3
ANTH 130	Cultures of the World	3
CJ 130	Public Speaking	3
ENGL 101	Composition I: Exposition	3
ENGL 102	Composition II: Analysis and Argument	3
STAT 145*	Introduction to Statistics	3
PSY 105	General Psychology	3
BIOL 123/124L	Biology for Health-Related Science and Non-Majors/Lab	4
CHEM 111	Elements of General Chem	4
Social and Behavioral Sciences**	Select from UNM Core Curriculum	3

Total 35

* STAT 145 preferred or select from the UNM Core Curriculum

** Excluding any course from the Social and Behavioral Sciences that are listed in the program of studies

Second Year

HED 209	Education for AIDS Prevention	1
HED 247	Consumer Health	1
HED 260	Foundations of Health Promotion	3
BIOL 237	Human Anatomy and Physiology I for the Health Sciences	3
PSY 200*	Statistical Principles	3
PSY 220*	Developmental Psychology	3
ENGL 219	Technical and Professional Writing	3
NUTR 244	Human Nutrition	3
Fine Arts	Select from UNM Core Curriculum	3
Second Language	Select from UNM Core Curriculum	3
Humanities	Select from UNM Core Curriculum	6

Total 32

*PSY 200 and PSY 220 are required prerequisites for PSY 331

Third Year

BIOL 239L	Microbiology for the Health Sciences and Non-Majors	4
HED 310	Injury Prevention	1
HED 306	Conflict Mediation	1

CURRENT CATALOG-HED CURRICULUM

HED 321	Violence Prevention	1
HED 333	Emotional Health and Interpersonal Relationships	3
EDPY 303	Human Growth and Development	3
HED 371	Community Health	3
CJ	Upper-Division Elective	3
PSY 331	Psychology of Personality	3
SOC 322	Social Epidemiology	3
	General Education Elective	3
		Total 28
Fourth Year		
HED 451	Secondary Teaching Methods and Curriculum Development for Health Education	2
HED 362	Introduction to Health Behavior Theory	3
HED 446	Health Promotion Program Planning	3
HED 482	Health Education and Multi-Cultural Health Beliefs	3
HED 495	Field Experience	6
HED	Electives	3
OILS 421	Production and Utilization of Instructional Materials	3
OILS 483	Instructional Applications: Computer Technology	3
	General Electives	7
		Total 33

Rationale for and description of the requested modifications to the Community Health Education Concentration (B.S. HED)

The Health Education program faculty is proposing modifications to the current UNM core requirements and the program core requirements for the Community Health Education concentration (B.S. HED). A description of these proposed changes and their rationale follow.

1. UNM Core Curriculum. The HED faculty voted to approve reducing the total program hours from 128 to 120 and the current *program* requirements for the UNM Core from 69 credit hours to 43 credit hours. Faculty believe that by reducing the number of hours the program requires from the UNM core students will have more flexibility to pursue interdisciplinary coursework, service learning and applied research opportunities through program and general electives at the 200-level and above. The proposed program of studies (POS) will require 43 credit hours from the UNM Core Curriculum (Form C attached).
2. Health Education Professional Core. The total number of credit hours currently required in the professional core POS (excluding UNM core) is 59 hours with 40 hours required from HED coursework and 19 hours required outside the program. The proposed POS would require 53 hours of coursework with 44 hours required from HED coursework and 9 hours from EdPsy 303, Nutrition 244, Soc 280. An additional 24 credit hours of general electives will also be required.

Specifically, the proposed POS includes: a) one new course, HED 383: Principles of Epidemiology, as a required course; b) the offering of student-select-options from a list of 01 credit hour HED course electives and 3 credit hour HED course electives; and c) the requirement of 24 credit hours of electives from a recommended list of related courses outside the HED program.

The new course to be added to the POS, HED 383: Principles of Epidemiology, (Form B/C) is currently being taught as a topics course in the spring 2014 semester by HED faculty member Dr. Lorenda Belone and with an enrollment of 13 students. The program faculty believes this course is essential in meeting a critical competency for the health education specialist. The addition of this course was strongly recommended by members of the APR external review team and has been a major discussion point for future planning among the program faculty since 2010. With the addition of Dr. Lorenda Belone, the program now has the resources to offer this course annually.

The program faculty is also proposing that students complete a greater number of elective hours *within* the program and *outside* the program (Form C). Students will be able to choose five-credit hours of electives from a list of one-credit hour HED courses and 12 credit hours of electives from a list of three-

credit hour HED courses. In addition, 24 credit hours of general electives will be required. This will provide students greater flexibility to select courses of interest and across other related disciplines. Feedback elicited from a post-graduation survey from recent graduates (2010-2013) of the program, indicated that the program was too prescriptive, somewhat outdated and lacked the flexibility for students to pursue related interdisciplinary coursework and research opportunities.

In summary the program faculty is proposing a 120 credit hour program for a B.S. Health Education degree (UNM Core = 43 hours; HED Professional Core=44 hours; General Electives =24 hours).

Forms

- A. Proposed changes in B.S. Health Education POS and associated Forms:
 - 1. Reduction in total credit hours from 128 to 120 hours-Form C
 - 2. Reduction in UNM core requirements to 43 credit hours – Form C
 - 3. Change in total credit hours for the HED professional core POS:
 - a. Addition of HED 383: Principles of Epidemiology (03cr) as a required course – Form B/C
 - b. Change credit hours (2 to 3 credit hours) and title of HED 451: Intervention Strategies in Community Health – Form A/B
 - c. Change credit hour requirements for HED electives and course options-Form C
 - d. Change General elective credit hours and provide suggested course list-Form C

Justification, Impact on long-range planning and faculty workload

The revisions being proposed for the Community Health concentration reflect agreement among the program faculty and the external review panel members of the Academic Program Review conducted in Spring 2012. Some of the recommendations advanced by the external review members included:

- Allow students to select electives from a list of 1-credit and 3-credit topical courses in HED;
- Consider adding core public health courses such as Environmental Health, Epidemiology and Health Administration and NCHEC (National Commission for Health Education Credentialing) focused courses such as Program Evaluation, Community Organization and Mobilization.
- Move forward with credentialing through SABPAC (Society for Public Health Education & the American Association for Health Education's Baccalaureate Approval Committee).
- Consider changing the name of the undergraduate program and applicable courses to Public Health Education or Public and Community Health. It may enhance the program recognition and prestige.

These changes also reflect the knowledge and skills desired for community health education specialists in the 21st century. In 2013, the HED faculty conducted a post-graduation survey of recent undergraduate students. Students were very complimentary about the program and their professional experiences but felt strongly about a few things. Students recommended that HED 482: Health Education and Multicultural Health be offered sooner in the program of studies to expose them earlier to the critical social determinants of health. They also requested greater flexibility to choose from a list of HED electives and from a list of related courses outside the program to explore interdisciplinary work. The program faculty voted to approve these elective options because many of these outside related courses will help to meet student interests and professional competencies that cannot be met within the program due to faculty resources. Electives that are outside the program area that are popular with our students and help to fill these professional gaps include: CJ 430 Health Communication; CRP 425 Urban Design Theory; OILS Principles of Adult Learning; CRP Introduction to GIS.

Faculty Workload

Each course listed in the proposed curriculum fits into the regular rotation for faculty workloads. The inclusion of HED 383: Principles of Epidemiology will be part of Dr. Lorenda Belone's regular teaching load. She was carrying a lighter load in 2013-2014 as a new hire. The inclusion of HED 383 will offer her a full load and is a course she agreed to develop when she was hired. She taught this course as a topics course as part of her regular workload during the spring semester, 2014.

The increase in the number of required credit hours of HED electives does not change faculty workloads. The current curriculum was more prescriptive by requiring students to take five specific 1-credit hour courses. In the proposed

program we are allowing them to choose five 1-credit hour courses from a list of six. This change does not alter the scheduling rotation of the 1-credit hour courses or any of the 3-credit hour course electives.

The two courses we are proposing to eliminate as *required* courses (HED 164L: First Aid and HED 333: Emotional Health and Interpersonal Relationships) will continue to be scheduled with no change in the rotation. HED 164L is currently offered each semester with at least 3 lecture sections and associated labs because other programs require this course. HED 333 will be listed as an elective and will retain its usual rotation. HED 333 will be replaced by HED 212 Human Sexuality as a required course but in the second year of the HED program of studies rather than in the third year. The faculty made this change to offer an additional lower level course for incoming sophomores. This course is offered two times a year and the rotation will not change.