

UNIVERSITY OF NEW MEXICO
Minutes of Athletic Council Meeting
Thursday, December 13, 2012
Lobo Club Board Room

Members Present: Paul Krebs, Stephen Bishop, Marie Lobo, Janet Poole, Michael Rocca, Dan Barkley, John Russell, Jackie Hood, Jeffery Norenberg, Janice Ruggiero, Dawn Martinez, Henry Villegas, Mike Thomas, and Rita Chavez

Absent: Alfred Mathewson, Karl Hinterbichler, Todd Seidler, Jadon Phillips, Jacori Greer, Matt Fleischer, Craig Thomas, Breda Bova, Jeffrey Long, Joyce Phillips, David Olguin, Tim Cass, and Gig Brummel.

AGENDA ITEM/DESCRIPTION

MINUTES/ACTION TAKEN

CALL TO ORDER

OPENING

The meeting was called to order
@ 3:35 p.m. by Dan Barkley, AC
Member.

APPROVAL OF MINUTES

Marie Lobo made a motion to
approve the November 8, 2012 minutes
as presented. Michael Rocca 2nd the
motion. None opposed. Motion
carried as presented.

Dr. Chris McGrew

Concussions

- Dr. Chris McGrew is an all sports doctor for athletics and has been for many years.
- What is a concussion?
 - An impact to the body or head
 - Changes in physical and mental status
 - Cognitive issues
 - Memory issues
- A MRI/CAT scan does not detect a concussion.
- There was some research being conducted and the funding was lost so the research was stopped. What was identified so far was:
 - The baseline testing for all student-athletes is more to detect a concussion sooner.
 - All sports are at risk not only the high impact sports.
- The NCAA requires schools to have a management plan for concussions.
- The University of New Mexico does have such a plan.
 - An athletic healthcare provider can only assess
 - Only a doctor can make the diagnosis
 - The student-athlete will not be allowed to play the remainder of the game
 - The student-athlete will not be allowed to practice or play until they have received a medical release from the doctor

Dr. Chris McGrew
Concussions (cont)

- The student-athlete will not be allowed to attend class, attend team meetings etc. They must get complete rest, which includes physical and cognitive.
- They should not be allowed to make any serious decisions
- Usually the symptoms disappear within a week to 10 days
- A student-athlete can return to play when all symptoms are gone.

Dr. Valerie Valle
Clinical Psychologist

- Dr. Valle has been in the athletic department since 2008. Dr. Valle started as a part-time employee and then went full-time in 2010.
- Dr. Valle sees several student-athletes for many reasons from eating disorders to the stress of school. They come to Dr. Valle as referrals from the coach, trainer, friend and self. **(hand-out on file in athletic administration for viewing)**
- Regarding the topic of concussions, we need to better educate our professors on concussions. We need to make sure the professors know when a student, not just an athlete has a concussion. The professors should know how to work with the students. As Dr. McGrew stated the student must get complete rest both physical and mental. They are not allowed to work out, do anything with the team not even attend a meeting, attend class, do any work or reading etc. Dr. Valle would like to recommend that letters go out to the professors stating the facts about concussions and how they are treated.
- Another suggestion is to share with incoming faculty at their orientations.

VICE PRESIDENT FOR ATHLETICS

- The athletic department has made significant improvement when it comes to student-athlete welfare with the addition of the Clinical Psychologist, Dr. Val Valle, The Learning Strategist, Chris Baca and

VICE PRESIDENT FOR ATHLETICS

(cont.)

- This is a challenging time right now for the Mountain West Conference (MW) regarding the conference realignments. The MW has 10 schools and is strong. There are talks about Boise coming back into the MW conference. There is some but very little information on BYU or San Diego coming back into the conference. The MW president's will be meeting soon to make some decisions.
- The University of NM is currently number 15 in the Learfield Director's Cup.
- Men's soccer has some Academic All-American student-athletes and volleyball has some student-athletes that received honorable mention.

SUB-COMMITTEE REPORT

- No Report

TEAM LIAISON REPORT

- No Report

OTHER BUSINESS

- None

DATE OF NEXT MEETING

- Thursday, February 14, 2013 in the Lobo Club Board Room at 3:30 p.m.

Meeting Adjourned at 4:35 p.m.

**These minutes were approved by the athletic council at the
February 14, 2013 meeting.**